

Xolisa's Takeaways

I used to panic when there was a vast amount of work that needed to be completed in a limited amount of time. However, as an individual, I enjoy working around others and believe that we can strive forward when we work together. I did not think I could successfully work at home in isolation.

Since the outbreak of COVID-19, I have learned a new sense of patience and responsibility. I have also learned how to stay connected to friends and family via social media. I have been able to adjust to working from home and managed to stay on path for my goals and aspirations. Through this pandemic, I have overcome challenges that I thought were nearly impossible.

Trust in the power of God and residing in my faith has pushed me forward as well through these unprecedented times. With faith in God, there is little to be worried about. We know that there is a bigger and brighter plan that He has in mind for us. I have learned how to read the Bible and listen to the words of God. This has given me a sense of safety while being home. Throughout quarantine, I also have begun jogging to improve my physical and mental health. Being able to leave the house for a run has given me some sense of structure throughout my day.

This time has allowed me to look within and see how I have grown and changed as an individual. I have risen to the challenge of working at home in isolation from others. I have seen how a simpler life has positively affected me. I have found happiness within myself. Through these new challenges, I have recognized the importance of time management. It is harder when you are home to have set working hours; however, I found it is vital to successfully complete the task at hand. Zoom has played an instrumental role through keeping me connected with my colleagues globally as well. Through these times, I have learned an immense amount about myself but also about the ever changing world around us.

