



## SOUTH AFRICAN PROGRAM - TENTATIVE ITINERARY

Dates: December 27, 2021 - January 12, 2022

Program fee: \$2,850

Escape for an exciting, inspiring trip to warm, sunny South Africa in 2022. Join Inkululeko to work with South African high school students in Makhanda (Grahamstown) to build and enhance a social enterprise, learn from human rights activists, immerse in local culture, and enrich a life: yours. This is a rich overseas volunteer program and a unique opportunity to gain a transformative experience.

It's a unique opportunity for a transformative experience.

### Coordinating Organization:

Inkululeko ([www.inkululeko.org](http://www.inkululeko.org)) is a nonprofit organization that works with motivated, young people from socioeconomically disadvantaged backgrounds in Makhanda (Grahamstown), South Africa.

The organization has these goals:

- To help students finish high school and move onto university, or
- To finish high school and obtain a skill set so they can be gainfully employed upon graduation

Inkululeko welcomes accepted students from the local township four days a week after school to receive academic support in areas where they are struggling and enrichment opportunities in areas where they are excelling. Regular tutors are Rhodes University students. The Inkululeko students also are building a social enterprise – a small business that sells roosterkoek (a grilled South African bread), fresh pressed juice, and local crafts.

### This Program:

Participants who join this trip will have an opportunity to engage with, teach, and learn from Inkululeko students through purposeful volunteering, including tutoring Inkululeko learners and collaborating with them to work on aspects of building a social enterprise project.

Participants will be immersed in the local culture, with opportunities to take Xhosa language lessons, interact with guest speakers who are change agents in the Makhanda (Grahamstown)

community, embark on a walking township tour led by residents, and visit local artists who sell beadwork, locally sourced fabrics, and other assorted crafts.

We welcome you to join us.

Program Fee: \$2,850

The program fee includes accommodation (same gender identifying individuals sharing one room), local guides, Xhosa lessons, all breakfasts and 3 dinners, a trip to a game reserve, pre-departure paperwork (for non-US passport holders, additional paperwork or a visa may be required), basic international medical insurance, in-country transport and airport transfers, and tips. The airports are Johannesburg (JNB) and Port Elizabeth (PLZ), with easy and inexpensive connections to all major cities in South Africa. It does not include international airfare.

For more information, contact: [jason.torreano@inkululeko.org](mailto:jason.torreano@inkululeko.org).

#### RECOMMENDED READINGS, VIDEOS AND PRE-DEPARTURE MATERIALS:

1. Background on Inkululeko. These readings are meant to give you some background information about Inkululeko as an organization and its mission.
  - a. Read: [Inkululeko Annual Report 2018-2019](#)
  - b. Video: [Struggling Uphill- Inkululeko](#)
  - c. Video: [What does Inkululeko do?](#)
  - d. Video: [With Freedom Comes Hope](#)
  - e. Video: [Common Ground Café](#)
  - f. Documentary: [Miracle Rising South Africa](#)
2. Background on South Africa and Makhanda. These readings are to give context about the environment in which we will be operating in. 5-6 sources
  - a. Read: [Apartheid by Xavier Livermon](#)
  - b. Read: [South African Cultures](#)
  - c. Read: [Multimedia content on Makhanda \(Grahamstown\)](#)
  - d. Read & Practice: Introduction Xhosa & Common Phrases
    - i. <http://learn101.org/xhosa.php>
    - ii. Xhosa Learning App: UTalk, search for Xhosa
  - e. Read: [History of Makhanda, Eastern Cape](#)
  - f. Read: [Here's why Grahamstown has been renamed Makhanda](#)

#### ITINERARY (subject to change)

Day 0

Depart USA for South Africa

Day 1

Arrival in Makhanda (Grahamstown).

## Day 2

7:00 a.m. - 9:00 a.m. - Breakfast at Graham Hotel  
9:15 a.m. - 10:15 a.m. - Xhosa language lesson  
10:30 a.m. - 12:45 p.m. - Walking township tour with Inkululeko staff  
1:00 p.m. - 2:30 p.m. - Lunch  
2:45 p.m. - 3:45 p.m. - Discussion about Inkululeko's mission and social enterprise  
4:00 p.m. - 5:00 p.m. - Optional walk through Botanical Gardens at Rhodes University  
5:30 p.m. - Relaxation and dinner

## Day 3

7:00 a.m. - 9:00 a.m. - Breakfast at Graham Hotel  
9:15 a.m. - 10:15 a.m. - Xhosa language lesson  
10:30 a.m. - 12:00 p.m. - Guest speaker  
12:15 p.m. - 1:45 p.m. - Lunch  
2:00 p.m. - 5:00 p.m. - Take tour of Inkululeko and begin to meet students and plan projects and begin volunteering  
5:00 p.m. - 5:45 p.m. - Debriefing  
6:00 p.m. - Relaxation and dinner

## Day 4

6:00 a.m. - 7:30 a.m. - Optional sunrise walk up to Settler's Monument  
7:00 a.m. - 9:00 a.m. - Breakfast  
9:15 a.m. - 10:00 a.m. - Xhosa language lesson  
10:15 a.m. - 11:45 a.m. - Book club discussion on "Kaffir Boy" or similar book  
12:00 p.m. - 2:00 p.m. - Lunch  
2:30 p.m. - 5:00 p.m. - At Inkululeko  
5:00 p.m. - Relaxation and dinner

## Day 5

7:00 a.m. - 9:00 a.m. - Breakfast  
9:15 a.m. - 10:00 a.m. - Xhosa language lesson  
10:15 a.m. - 11:45 a.m. - Free time  
12:00 p.m. - 2:00 p.m. - Lunch  
2:30 p.m. - 5:00 p.m. - At Inkululeko  
5:00 p.m. - Relaxation and dinner

## Day 6

7:00 a.m. - 9:00 a.m. - Breakfast  
9:15 a.m. - 10:00 a.m. - Xhosa language lesson  
10:15 a.m. - 11:45 a.m. - Free time  
12:00 p.m. - 2:00 p.m. - Lunch  
2:30 p.m. - 5:00 p.m. - At Inkululeko

5:00 p.m. - Relaxation and dinner

#### Day 7

7:00 a.m. - 9:00 a.m. - Breakfast at hotel in Makhanda (Grahamstown)

9:30 am - Travel to Game Reserve

12:00 p.m. Lunch

Relaxation

Return to Makhanda (Grahamstown) and Graham Hotel

Dinner

Game Reserve

#### Day 8

7:00 a.m. - 9:00 a.m. - Breakfast

9:15 a.m. - 10:00 a.m. - Xhosa language lesson

10:15 a.m. - 11:45 a.m. - Visit NGO

12:00 p.m. - 2:00 p.m. - Lunch

2:30 p.m. - 4:30 p.m. - Work on projects for Inkululeko

5:00 p.m. - 5:30 p.m. - Planning for tomorrow

6:00 p.m. - Relaxation and dinner

#### Day 9

7:00 a.m. - 9:00 a.m. - Breakfast

9:15 a.m. - 10:00 a.m. - Xhosa language lesson

10:15 a.m. - 11:45 a.m. - Visit NGO

12:00 p.m. - 2:00 p.m. - Lunch

2:30 p.m. - 5:00 p.m. - Inkululeko

5:00 p.m. - 5:30 p.m. - Debriefing

6:00 p.m.. - Relaxation and dinner

#### Day 10

7:00 a.m. - 9:00 a.m. - Breakfast

9:15 a.m. - 10:00 a.m. - Xhosa language lesson

10:15 a.m. - 11:45 a.m. - Visit NGO

12:00 p.m. - 2:00 p.m. - Lunch

2:30 p.m. - 5:00 p.m. - Inkululeko

5:00 p.m. - 5:30 p.m. - Debriefing

6:00 p.m.. - Relaxation and dinner

#### Day 11

7:00 a.m. - 9:00 a.m. - Breakfast

9:15 a.m. - 10:00 a.m. - Xhosa language lesson

10:15 a.m. - 11:45 a.m. - Visit NGO

12:00 p.m. - 2:00 p.m. - Lunch

2:30 p.m. - 5:00 p.m. - Inkululeko  
5:00 p.m. - 5:30 p.m. - Debriefing  
6:00 p.m.. - Relaxation and dinner

#### Day 12

7:00 a.m. - 9:00 a.m. - Breakfast  
9:15 a.m. - 10:00 a.m. - Xhosa language lesson  
10:15 a.m. - 11:45 a.m. - Visit NGO  
12:00 p.m. - 2:00 p.m. - Lunch  
2:30 p.m. - 5:00 p.m. - Inkululeko  
5:00 p.m. - 5:30 p.m. - Debriefing  
6:00 p.m.. - Relaxation and dinner

#### Day 13

7:00 a.m. - 9:00 a.m. - Breakfast  
9:15 a.m. - 10:00 a.m. - Xhosa language lesson  
10:15 a.m. - 11:45 a.m. - Visit NGO  
12:00 p.m. - 2:00 p.m. - Lunch  
2:30 p.m. - 5:00 p.m. - Inkululeko  
5:00 p.m. - 5:30 p.m. - Debriefing  
6:00 p.m.. - Relaxation and dinner

#### Day 14

7:00 a.m. - 9:00 a.m. - Breakfast  
9:15 a.m. - 10:00 a.m. - Xhosa language lesson  
10:15 a.m. - 11:45 a.m. - Visit NGO  
12:00 p.m. - 2:00 p.m. - Lunch  
2:30 p.m. - 5:00 p.m. - Inkululeko  
5:00 p.m. - 5:30 p.m. - Debriefing  
6:00 p.m.. - Relaxation and dinner

#### Day 15

Depart South Africa for the USA (or individual trip extensions)

#### ACCOMMODATION:

Graham Hotel  
123 High Street  
Makhanda (Grahamstown), South Africa  
<http://www.grahamhotel.com>

#### TIME ZONE:

South Africa is either six or seven hours ahead of New York (EST) depending on the time of year (Daylight savings time)

#### CURRENCY AND BANKING CARDS:

The South African rand is the currency used in South Africa.

1 US dollar (USD) converts to approximately 14.9 South African rand (ZAR) as of January 2021.

It is advised that volunteers traveling to South Africa convert at least \$200 worth of USD prior to the trip. Currency can be obtained at any major banking institution but often requires several days notice.

Additionally, volunteers should alert their bank and credit card companies of their intention to travel to South Africa and ask that the bank put a note on their account. Volunteers will be able draw money from South African ATMs and most major shops accept credit cards.

Failure to alert your bank and credit card companies could result in your bank and credit cards being frozen.

#### COMMUNICATION TO HOME:

Participants can purchase a SIM card at the airport from Vodacom, MTN or CellC - all mobile providers in South Africa. To use a SIM card in your phone, it should be an unlocked device. You should check with your carrier prior to departure to ensure it is unlocked. Also, there is free wifi in Graham Hotel where you can WhatsApp, Skype, Facebook, FaceTime, etc.

All major US phone carriers offer international calling and data plans, ranging from free to at least \$40. Many people who travel to South Africa with a program like this simply use the free wifi in the hotel.

#### VACCINATIONS AND MEDICATIONS:

We will not be traveling in a malarial zone with this program. Inkululeko advises all participants to consult with their primary care physician and/or a travel clinic to determine what, if any, shots are needed prior to travel to South Africa. South Africa does require a negative COVID-19 test prior to entering the country as of January 2021.

#### PASSPORT:

Please ensure your passport has a minimum of two blank pages and is valid through 30 days after the volunteer program closes (or the date you are leaving South Africa if you stay longer). Prior to departing to South Africa, please send an image/scanned copy of your passport to [jason.torreano@inkululeko.org](mailto:jason.torreano@inkululeko.org).

#### VISA INFORMATION FOR ENTERING SOUTH AFRICA:

Holders of U.S. passports do not require a visa to enter South Africa for 90 days or less. Additionally, "Foreigners who wish to visit South Africa must have passports / travel documents

valid for thirty (30) more days after the intended return date from South Africa. The passport must contain at least two (2) unused (blank) pages labeled *Visa* when presented at the Embassy or Consulate.”

For more information: <http://www.southafrica-newyork.net/homeaffairs/visitorsvisa.htm>